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# I Love Tasty: The Unofficial Cookbook





### **Synopsis**

As its hundreds of millions of young fans (and young-at-heart fans) grow up around the world know, the Facebook Live video channel Tasty is revolutionizing how the next generation cooks. Tasty, along with its many imitators, focuses on the visual look and feel of a recipe as it makes its way from raw ingredients to a delicious dish or dessert, using just a minimum number of words. In the Unofficial I Love Tasty Cookbook, the combined talents of food writer Catrine Kelty and photographer Adam Detour translate this all-new kind of recipe flawlessly and fabulously to the printed page. With hundreds of step-by-step, color, photos complemented by succinct instructions. We know what draws you to Tasty, so a full third of the recipes are for delicious cookies, bars, brownies, cakes, other decadent deserts. If you're watching your calories, there're also nutritious smoothies, eggs, pancakes and more for a healthy start to the day. Plus sandwiches, salads, and snacks for the midday and afternoon; and both meaty and vegetarian healthy dinners for the whole family to enjoy!

#### Book Information

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#### **Customer Reviews**

Catrine Kelty is an award-winning food writer and food-photography stylist whose work has been appeared in Rachael Ray magazine, Yankee magazine, the Boston Globe, and many other venues. She lives in Boston.

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